



Caregiver's Answers, Topics, and Helpful Information

In an endeavor to continually assist caregivers in their search for pertinent information regarding eldercare, our Information and Referral Specialists address topics of most frequently asked questions via Caregiver's Answers, Topics and Helpful Information (CATHI). Additionally, caregivers are also invited to e-mail individual questions and an Information and Referral Specialist will reply.

Dear CATHI,

Question: What is the difference between “Guardianship” and “Power of Attorney?” Which one do I need?

Answer:

Guardianship

Guardianship is a legal procedure in which one person is appointed by a court to make decisions for someone who can no longer make decisions for themselves.

There are 3 Types of guardians: (1) A “guardian of the person” is appointed when people cannot take care of their own personal needs, such as medical care. (2) A “guardian of the estate” is appointed if a person cannot handle their own business or financial affairs. (3) a “general guardian” is someone who acts in both roles.

A person can be declared incompetent, and in need of a guardian, if they lack sufficient capacity to manage their own affairs or to make or communicate important decisions about their health, property, or family.

Usually, you do not need a lawyer to ask to be appointed someone's guardian. The forms to file a guardianship case are easy to fill out and can be obtained from your local courthouse. Most courts will require that you get a letter from a doctor explaining why the doctor feels that the person is incompetent.

The incompetent person has the right to have a personal lawyer present at the hearing. If the incompetent person does not have a lawyer, the court will appoint a lawyer to represent the

incompetent person at the hearing. This temporary representative is called a “guardian ad litem.” A jury trial or a board evaluation of competency may be requested by the court.

If you are appointed to be a general guardian or guardian of the estate, you will need to receive court permission to make financial transactions on the incompetent person’s behalf. A guardian of an estate must manage the business and financial affairs of the incompetent person in a careful manner. The guardian must give a report to the court each year of the receipts, payments, and other transactions made that year.

Power of Attorney

If a person is still able to understand legal documents, signing a power of attorney may be preferable to guardianship. With a power of attorney, the person chooses who will handle his or her affairs, instead of having the court make this decision. It is handled out of court, and there is no court supervision.

Sometimes, all that an incapacitated person needs is someone to take care of a Social Security check. Contact the Social Security Administration to see if you can become the representative payee. This is a person approved by the Social Security Administration to receive the check and spend it for the incapacitated person.

For those who need someone to handle their financial affairs, a power of attorney is very helpful. It must be signed by a person who is mentally competent. The person must understand what they are signing. This can be done either before a person loses mental capacity, or if this has already happened, during a period that the person has regained capacity, of only temporarily. A doctor could help determine capacity if there is doubt.

If the power of attorney is signed by a person whose competency “comes and goes,” it is important to have a written medical determination of competency at the time the documents are signed.

A medical opinion is also helpful where the person has a progressive disease- one that gets worse, like Alzheimer’s or other forms of dementia- in case someone later questions whether the power of attorney is valid.

Probably the most useful type of power of attorney is the durable power of attorney. Durable power of attorney includes financial and healthcare power of attorney. Also, unless a power of attorney is made durable, the agent loses any power to act of the maker becomes incompetent. For most, that is precisely when the agent’s assistance is necessary. A power of attorney can be made durable with clear language in it stating that it remains effective after the maker becomes incompetent.

Healthcare Power of Attorney

If your loved one needs someone to make medical and health care decisions, a health care power of attorney can be useful. The healthcare power of attorney goes into effect when a person lacks the ability to make and understand medical decisions. Your loved one can sign this document if he is mentally competent during a period that he is mentally alert. At that time, the person named the or only those listed in the health care power of attorney). The health care agent cannot make any decisions related to property or bills.

In General

If the sick person can still make some decisions and communicate, it might be possible for them to appoint a person to handle their affairs. This is usually done by signing a power of attorney. However, if the sick person can no longer understand or make decisions, a guardianship may be necessary.

Sometimes it is not easy to figure out if your loved one is still well enough to understand and sign a power of attorney. You or your loved one can speak with a lawyer to decide which approach would be best. Your relative's doctor may also be able to determine if he is well enough to sign legal papers.

*The information in this article was adapted from The Elder Law Clinic,
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Note: This is for informational purposes only.

For referrals to community organizations in Guilford County that assist older adults and caregivers with these documents, contact Senior Resources of Guilford's SeniorLine at (336) 884-6981 in High Point, all other areas (336) 333-6981 or the Caregiver Support Coordinator, at (336) 373-4816 or (336) 883-3586 in High Point.



North Carolina Family Caregiver Support Program
Completing the Care