

Monday

Tuesday

Wednesday

Thursday

Friday

 <p>May 2024</p> <p>A * next to an activity means registration is required by calling 336-373-4816 ext 280</p>		<p>11a Open Art/Craft Room 1p Cardio Drumming (\$4) * 2p Crochet Club</p> <p>50/50 Raffle Starts! Get your tickets!</p>	<p>2 10a Recipe for Success (V) 12:30p Tai Chi (\$3) 1p Blood Pressure Checks 2p Jewelry Club 2p Pictionary</p>	<p>3 9:15a Chair Yoga (\$3) (V) 10a Trivia with Tina 1p Film Screening and Discussion- "The Man from Laramie" *</p>
<p>6 9:15a AHOY (\$3) (V) 10:30a Hacking class * 1p Arthritis Foundation Exercise Program (\$4) 1p Intro to Cutting the Cable * 3p Google Chrome class series *</p>	<p>7 9a Better Balance (\$3) 9:45a Advanced Better Balance (\$3) 11a Bingo 1p Zumba Gold (\$4) 1p Virtual Reality * 2p Games & Mahjong</p>	<p>8 10a "Managing Passwords" with Teddy Burriss 11a Open Art/Craft Room 1p Cardio Drumming (\$4) * 2p Crochet Club</p>	<p>9 12:30p Tai Chi (\$3) 1p Blood Pressure Checks 2p Jewelry Club 2p Pictionary</p>	<p>10 9:15a Chair Yoga (\$3) (V) 10a Trivia with Tina 11a "Crying in H Mart" book club * 1p Film Screening and Discussion- "Hail the Conquering Hero" *</p>
<p>13 9:15a AHOY (\$3) (V) 10a Barcelona Travelogue * 1p Arthritis Foundation Exercise Program (\$4) 1p Firestick class * 2:30p Homefit with AARP * 3p Google Chrome class series *</p>	<p>14 9a Better Balance (\$3) 9:45a Advanced Better Balance (\$3) 11a Bingo 1p Zumba Gold (\$4) 1p Virtual Reality * 1p Medicare 101 2p Games & Mahjong 6p Game night with CAA *</p>	<p>15 11a Tree Pontillism * 11a Gardening with Recipe for Success (V) 1p Cardio Drumming (\$4) * 2p Crochet Club</p>	<p>16 10a Recipe for Success (V) 12:30p Tai Chi (\$3) 1p Blood Pressure Checks 2p Jewelry Club 2p Pictionary</p>	<p>17 9:15a Chair Yoga (\$3) (V) 10a Trivia with Tina 11a "Crying in H Mart" book club 11a Refugee Outreach 1p Film Screening and Discussion- "Strangers on a Train" *</p> <p>50/50 Raffle Ends!</p>
<p>20 9:15a AHOY (\$3) (V) 10:30a Hacking class * 1p Arthritis Foundation Exercise Program (\$4) 1p Roku TV class * 2p Emergency Prep 3p Google Chrome class series *</p>	<p>21 9a Better Balance (\$3) 9:45a Advanced Better Balance (\$3) 11a Bingo with Acclaim 1p Zumba Gold (\$4) 1p Virtual Reality * 2p Games & Mahjong</p>	<p>22 11a Open Art/Craft Room 1p Cardio Drumming (\$4) * 2p Crochet Club</p>	<p>23 10a "Empowering Minds" mental health talk 12:30p Tai Chi (\$3) 1p Blood Pressure Checks 2p Jewelry Club 2p Pictionary 3p Flexibility with Jane *</p>	<p>24 9:15a Chair Yoga (\$3) (V) 10a Trivia with Tina 11a "Crying in H Mart" book club 11a Refugee Outreach 1p Film Screening and Discussion- "The In-Laws" *</p>
<p>27 The Evergreens Lifestyle Center is closed today.</p> 	<p>28 9a Better Balance (\$3) 9:45a Advanced Better Balance (\$3) 11a Bingo with Acclaim 1p Zumba Gold (\$4) 1p Virtual Reality * 2p Games & Mahjong</p>	<p>29 11a Open Art/Craft Room 1p Cardio Drumming (\$4) * 2p Crochet Club</p>	<p>30 10a Recipe for Success (V) 10:30a NC Art Museum Day Trip (\$15) * 12:30p Tai Chi (\$3) 1p Blood Pressure Checks 2p Jewelry Club 2p Pictionary</p>	<p>31 9:15a Chair Yoga (\$3) (V) 10a Donuts with the Director 11a "Crying in H Mart" book club 12p A Recipe for Connection potluck No movie today.</p>